



ADLA Delaware-Maryland Synod Chapter
Lenten Series 2024
February 21-March 27



Dr. Beverly Wallace, Presenter
Transforming Light to Life

Emotional Emancipation & Healing During the Season of Lent

During that season, before his death, Jesus went to the wilderness to pray. Carrying his light, transforming his life, going into the wilderness or desert as some understand it to be the case, feeling the emotions of what it means to contemplate his death, he moved from Light to Life.

During this Lenten Season, you are invited to spend some time in the wilderness, to engage in what the Association of Black Psychologists and Community Healing Network call **“Emotional Emancipation”**, to reclaim the light from within and move to New Life.

This 6-week series will explore the principals of **Emotional Emancipation** in defying the lies of what we have been told about ourselves and about Jesus as we walk with and like Jesus to a Resurrected Life. This journey during Lent will culminate with a communal meal celebrating who we are and whose we are.

Week 1 – Key 1: Yeshua – His Power/Our Power- It’s Boundless – Personal and Communal Powers of Healing (February 21)

Week 2 – Key 2: In the Desert – A Sankofa Move – A Time of Remembering (February 28)

Week 3 – Key 3: Yeshua – A Descendent from the Temple of Kemet- African Wisdom and Knowing (March 6)

Week 4 – Key 4: “Ku” I Choose” – Character & Choices – To Become a Luminous Spirit (March 13)

Week 5 – Key 5: “Responsibility” – Dying in a Posture of Solidarity (March 20)

Week 6 – Keys 6 & 7: Our Strength and Our Spirituality – “The People Could Fly” (March 27)

REGISTRATION IS FREE.

Here is the Zoom registration link:

<https://us06web.zoom.us/meeting/register/tZEpc-CgqD8vE9AFhnc6hl8uJWgH1xlgVsf4>

You only need to register once, and you can get in all 6 sessions.

Join us!